



CHABOT COLLEGE

Serving Our Community Since 1961

APPLY TO CHABOT
SEARCH / REGISTER FOR CLASSES (CLASS-WEB)
GET FINANCIAL AID



STUDENTS

COURSES

DEGREES & CERTIFICATES

COST

FORMS & APPS

GO



Home

- » Clinic Hours
- » Student Health Services
- » Our Staff
- » Service Fees
- » Immunizations
- » TB Screening Protocols
- » Mental Health Services
- » Emergency Contact
- » Health Alert
- » Forms
- » Health Resources, Community Referrals & Student Insurance
- » Student Health Online Resources
- » Sexual Assault Awareness
- » Events & Activities
- » Contact Us
- » Student Satisfaction Survey

Please call or email us to schedule or request an appointment



ANNOUNCEMENTS

- » Apply to Chabot Online
- » See What's Happening at Our Front Door...Thank You Measure B Voters!
- » President's Corner
- » 2015 Accreditation Self-Study Report
- » WAITLISTS - Student FAQs and Step by Step instructions
- » CLASS-Web / The Zone / Currently Open Classes
- » Need Help with Financial Aid, Registration, Academic Advising...

STUDENT HEALTH & WELLNESS CENTER

In affiliation with



VALLEYCARE HEALTH SYSTEM | SERVING THE TRI VALLEY SINCE 1961

"We are Ladies and Gentlemen Caring for Ladies and Gentlemen."

Chabot College is committed to student success. We know that physical and mental well-being are important components of the education process. The Student Health Center & Wellness Center is here to provide convenient, friendly, professional health advice and treatment by a nurse practitioner to registered Chabot College Students.

The Student Health Center welcomes new and returning students to Chabot College!

Please take a few minutes out of your busy schedules to stop by the health center to check out our services



**The Student Health Center has new location.
Come and Visit us in Bldg 200 Rom 204**

FREE Chabot Student Health 101 Online Wellness Magazine



Check out the latest issue and Enter to Win \$1000!!!!



Where Chabot College students can connect, learn, and get tips about managing stress, eating healthy, workouts and much more.

(Click the link below)

<http://readsh101.com/chabotcollege.html>

Measles

What you need to know

What is Measles?

Measles is a highly contagious viral disease. It is widespread in many parts of the world, including Europe, Africa, and Asia. Measles begins with a fever that lasts for a couple of days, followed by a cough, runny nose, conjunctivitis (pink eye), and a rash. The rash typically appears first on the face, along the hairline, and behind the ears and then affects the rest of the body. Infected people are usually contagious from about 4 days before their rash starts to 4 days afterwards. Children routinely get their first dose of the MMR (measles, mumps, rubella) vaccine at 12 months old or later. The second dose of MMR is usually administered before the child begins kindergarten but may be given one month or more after the first dose. For anyone planning to travel internationally, the **California Department of Public Health (CDPH)** strongly encourages all Californians to make sure they are protected against measles and other dangerous diseases before they go abroad.

HEALTH ADVISORY: MEASLES

Measles spreads easily and can cause serious illness.

Get vaccinated to prevent measles.

Protect yourself from measles.

For more information:
 • Call 800-CDC-INFO (232-4636)
 • Visit www.cdc.gov/travel

CDC
 U.S. Department of Health and Human Services
 Center for Global Control and Prevention

CHABOT IS A SMOKE-FREE CAMPUS!

Smoking is prohibited (not allowed) except in designated parking lots only!

Do as you
please...
something
about
**SMOKING
CESSATION**



California Smokers' Helpline
1.800.NO.BUTTS (1-800-562-8867)
For Deaf/Hearing Impaired:
1.800.933.4TDD (1-800-933-4833)

More information on Smoking Policy @ </safety/nosmoking.asp>

**ASK FOR FREE SMOKER'S QUIT KIT
AVAILABLE AT THE HEALTH CENTER**



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Search and register
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Library



Student
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Student
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Chabot-Las Positas Community College District